

YOGA, Register Now



If you are looking for a way to find inner peace while still working out then YOGA may be for you!

The City of Miami Springs Parks and Recreation Department is now offering YOGA.

YOGA registration will held on Monday, July 15th at 6:45pm at the Miami Springs Community Center

Class size is limited to 30 people and is on a first come first serve basis. The registration fee is \$95.00 per 8 week session, there are 24 classes per session, class times are Monday and Wednesdays @ 7:15 p.m and Saturday mornings @ 8:45 a.m.

We are now offering YOGA class on Saturday mornings. This is a drop in class @ 8:45 a.m. and is \$5.00 per class.

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<http://www.miamisprings-fl.gov/parksandrecreation/yoga-registration-monday-may-13th>